

ABOUT THE UNIVERSITY

The University of Allahabad is a central university located in Prayagraj, Uttar Pradesh, India. It was established on September 23, 1887 through an Act of Parliament and has since then achieved the status of being an Institute of National Importance. It stands as one of the oldest modern universities in India and the fourth oldest University in India. The university boasts a rich legacy of renowned scholars, scientists, writers and artists such as Meghnad Saha, Amarnath Jha, Firaq Gorakhpuri, Kshitindranath Mazumdar and many more who have contributed to the institution's thriving academic and cultural endeavors.



The University of Allahabad envisions itself as a global hub of knowledge and academic excellence. Embodied in the emblem of the Banyan tree, the motto "Quot Rami Tot Arbores" or "यावत्पुष्पास्तद्वृक्षाः" translates as "as many branches, so many trees." The motto inspires us to cultivate diverse academic disciplines, symbolized by the branches, contributing to a vast forest of wisdom. With a steadfast commitment to quality education, research, and cultural richness, the University aims to ascend to the ranks of the world-class institutions, fostering innovation and producing leaders who shape the future world, creating an environment where the frontiers of knowledge are explored and reaching out in commitment to enriching the lives of the people.

PATRON



Prof. Sangita Srivastava
Hon'ble Vice Chancellor,
University of Allahabad, Prayagraj

CONVENOR



Prof. Anjali Mathur, Head,
Department of Family and Community
Sciences, University of Allahabad

CO-CONVENOR



Prof. Neetu Mishra,
Department of Family and Community
Sciences, University of Allahabad

ORGANIZING SECRETARIES

Dr. Farida Ahmad	Assistant Professor
Dr. Ritu K. Sureka	Assistant Professor
Dr. Ena Gupta	Assistant Professor
Dr. Priyanka Kesarwani	Assistant Professor
Dr. Priya Keshari	Assistant Professor
Dr. Monisha Singh	Assistant Professor
Dr. Neema Papnai	Assistant Professor

DEPARTMENT OF FAMILY AND COMMUNITY SCIENCES

University of Allahabad, Prayagraj
(Accredited A+ by NAAC)

Organizes an

International Conference (Hybrid Mode)

on

**"SUSTAINABLE HORIZONS:
AN INTERDISCIPLINARY
APPROACH TO
HUMAN WELL-BEING"**

November 23rd - 25th 2026



University of Allahabad,
Prayagraj, Uttar Pradesh,
India, 211002



ABOUT THE DEPARTMENT

The Department of Family and Community Sciences (FACS), established in 1945 in pre-independence India, is a multidisciplinary hub integrating Clothing and Textiles, Food and Nutrition, Human Development, Extension Education, and Family Resource Management. With an interdisciplinary approach, the Department nurtures critical thinking, research, social responsibility, and strong community relationships. Beyond academics, Family and Community Sciences, plays a pivotal role in skill training, entrepreneurship, and the financial empowerment of women. It strives to address youth challenges, equipping them with practical skills for self-reliance and preparing them to contribute meaningfully to society. Its mission resonates with national priorities by fostering innovation, sustainability, and eco-friendly practices; advancing research in nutrition, textiles, and human development; and empowering marginalized communities to build an equitable and inclusive future. The Department offers Integrated B.Sc. and M.Sc. programs in Family and Community Sciences, postgraduate programs in Foods and Nutrition and Textiles and Apparel Designing, and Ph.D. programs across all five specializations. By shaping socially responsible graduates, the Department lives up to the University's vision of preparing young minds as nation-builders, contributing to Atmanirbhar Bharat and the long-term goal of a developed India by 2047.

ABOUT PRAYAGRAJ

Prayagraj (formerly known as Allahabad) is located in eastern Uttar Pradesh in the northern region of India. The city is a primary center for culture, religion, and education. The confluence of Ganga, Yamuna and mythical Saraswati rivers defines this city. The city is also famous for producing 7 out of 14 Prime Ministers of India - JawaharLal Nehru, Lal Bahadur Shastri, Indira Gandhi, Rajiv Gandhi, Gulzari Lal Nanda, Vishwanath Pratap Singh and Chandrashekhar, they all were either born in Prayagraj, were alumni of University of Allahabad or were elected from a Prayagraj-based constituency.

Climate: The weather of Prayagraj is usually pleasant and comfortable. The average temperature in November is 28°C (82°F) to 32°C (90°F).

Tourist Attractions: Sangam (confluence of rivers), Akbar's Fort on the bank of Ganga, All Saints Cathedral, Chandrashekhar Azad Park, Khusró Bagh, Anand Bhawan, Yamuna Bridge, Shivalay Park etc. The nearby famous places are Varanasi, Lucknow, Chitrakoot, Ayodhya etc. For more information, please visit the official website <https://www.uptourism.gov.in/> of UP Tourism.

Languages Spoken: Hindi, Urdu, English.

Connectivity: It is well connected via air, train, and road transport across the major cities of India.

ABOUT THE CONFERENCE

The Department of Family and Community Sciences (FACS) plays a pivotal role in advancing Prime Minister Modi's vision of Viksit Bharat 2047 and in achieving the United Nations Sustainable Development Goals (SDGs). Rooted in Human Development, Nutrition, Resource Management, and Community Welfare, the discipline contributes directly to national progress by fostering healthier families, empowered communities, and sustainable lifestyles. Beyond its traditional Nutrition and Family Welfare, the discipline embraces Textiles and Apparel Design, linking innovation with sustainable industry and economic growth. The Department's emphasis on skill development, entrepreneurship, and women's financial empowerment aligns seamlessly with SDGs such as good health and well-being, quality education, responsible consumption, and reduced inequalities. Thus, Family and Community Sciences - formerly known as Home Science emerges not merely as an academic discipline but as a transformative force nurturing individuals and communities, ensuring that the mission of Viksit Bharat resonates with the global agenda of sustainable and equitable development.

Families and communities today face unprecedented challenges in fostering sustainable social development, enhancing collective well-being, and strengthening resilience against social and environmental pressures. Environmental degradation, climate change, food insecurity, and social inequality directly affect health, community prosperity, and social cohesion. Rising food insecurity undermines child development and nutrition, while mental health issues linked to inequality and environmental stressors weaken resilience.

Addressing these complexities requires an interdisciplinary approach that integrates environmental, social, and economic perspectives, with families and communities at the core of sustainable development. Recognizing this, the Department of Family and Community Sciences is organizing the International Conference on "Sustainable Horizons: An Interdisciplinary Approach to Human Well-Being." The conference will explore the multifaceted relationships between family advancement and sustainable well-being, emphasizing the need to strengthen families, empower communities, and foster resilience. By tackling pressing challenges such as inequality, economic instability, and weakening support systems, FACS seeks to position families and communities as agents of social transformation, contributing to both national progress and the global vision of sustainability.

OBJECTIVES

- To foster interdisciplinary dialogue among scholars and practitioners highlighting their interconnected role in promoting human well-being and sustainable living.
- To encourage innovative research contributions that integrates perspectives from multiple disciplines, addressing global challenges
- To explore sustainable solutions to enhance the quality of life while respecting cultural traditions and ecological balance.
- To strengthen family and community well-being by examining the intersections of health, nutrition, design, textile functionality and resource use, while promoting inclusive policies and practices.

- To provide a platform for knowledge exchange between researchers, educators, policymakers, and industry leaders, enabling collaborative approaches to human development and sustainable futures.
- To highlight the role of extension education in translating interdisciplinary research into community action, capacity building, and innovation at the grassroots level.
- To inspire young researchers and professionals to adopt holistic, cross-disciplinary frameworks in their work, thereby expanding the scope and impact of future scholarship.

CONVENTION EVENTS

- Keynote Address
- Plenary Sessions
- Invited Sessions

AWARDS

- Best Research Paper Award
- Best Poster Award
- Young Researcher Award

Important Dates

Abstract submission starts - 17th August, 2026

Registration Begins- 1st September, 2026

Deadline for Receiving Abstract- 3rd October 2026

Notification of Acceptance - 16th October, 2026

Registration ends - 16th November, 2026

Full-length paper for Publication - 3rd November, 2026

Conference Dates- November 23-25, 2026

REGISTRATION FEE

Category	National (INR)	International (USD)
Students	Rs. 1000.00	\$50
Research		
Scholars	Rs. 2000.00	\$100
Faculty		
Members	Rs. 2500.00	\$125
Delegates	Rs. 3000.00	\$150

The selected participants are required to complete the registration by paying the required registration fee either through online mode or as per the given bank details.

Bank : Punjab National Bank

Branch: Colonelganj Branch

Account number: 1001000100219027

IFSC : PUNB0100100



Authors are expected to submit their abstracts using the link below and complete the registration fee payment by scanning the QR code provided.

<https://forms.gle/z4B5W6bxxmm1u7io6>

Themes and Sub-themes

- **Human Development and Family Resilience-** Aging with dignity and inter-generational bonds, Child and adolescent development in changing societies, Gender equity and empowerment in families, Mental health and well-being across the lifespan. Family adaptation to globalization and technology, Inclusive education and developmental interventions, Education for sustainable development.
- **Food, Nutrition, and Sustainable Health-** Food security and climate change challenges, Functional foods and nutraceuticals for well-being, Nutrition education and behavioral change strategies, Traditional diets, cultural food practices, Malnutrition, obesity, and lifestyle diseases, Sustainable food systems and waste reduction, Innovations in food processing and packaging; Public health Nutrition; and Therapeutic Nutrition.
- **Textiles, Apparel, and Sustainable Design-** Eco-friendly fibers and sustainable fashion practices, Smart textiles for health and safety, Ergonomics and functional clothing, Cultural heritage and craft preservation in design, Consumer trends in apparel and lifestyle products, Textile innovations for climate resilience.
- **Family Resource Management and Sustainable Lifestyles** - Financial literacy and consumer empowerment, Housing, ergonomics, and sustainable living spaces, Work-life balance and time management, Resource allocation in diverse cultural contexts, Digital tools for family resource planning, Consumer rights.
- **Extension Education and Community Empowerment-** Participatory approaches in rural and urban development, Technology transfer for sustainable livelihoods, Women's empowerment through extension programs, Community health and nutrition interventions; Grassroots innovations; and Digital extension and ICT for outreach.

- **Interdisciplinary Innovations for Human Well-being-** Integrating nutrition, textiles, and family studies for holistic health, Sustainable consumption and lifestyle transitions, Cross-disciplinary models for community resilience, Innovations in teaching, training, and curriculum design, Global collaborations for sustainable development goals (SDGs), Interdisciplinary research methodologies and frameworks, AI for global health, Digital inclusion and mental health

Call for Papers- Original research papers from academicians, researchers, industry professionals, and students are invited for presentation at the conference on the following themes.

Publication Opportunity- The International Conference will provide the participants an excellent opportunity to publish their research papers. All the accepted and presented papers will undergo a peer-review process and will be published in an edited book with an ISBN.

The abstract should focus on the following-

Title, Justification/ background of the study, objectives, methodology, research findings, significance and implications of the study in the prescribed format.

Text Format - MS word Format, Times New Roman, Font size 12, Title - Only initial letter caps.

Author(s) - Type all authors names with initial letter caps, include affiliations. Mention the presenting authors name and Email ID at bottom.

Keywords- Maximum 5 keywords or phrases.

Abstract body- Limited to 200-250 words

Paper subject classification- Closest proximity from the list of "Session Themes".

Note : This is an indicative list. Contributions from related areas are also welcome.

ACCOMMODATION

Participants are encouraged to make their own arrangements for accommodation.

By Air: Prayagraj airport is located about 15 Km from the University of Allahabad. The Airport is well connected to major cities such as Delhi, Mumbai, Hyderabad and Bengaluru. The taxi fare from the Airport to the university is approximately Rs 800. International travelers can reach Prayagraj by taking connecting flights from Delhi or Mumbai.

By Train: Prayagraj Junction is one of the major railway stations in North India and is situated in the heart of the city. It is well connected to all major cities across India through an extensive rail network. Premium trains such as Vande Bharat Express, Rajdhani Express and Sampark Kranti Express are among the preferred choice for travellers.

By Bus: Prayagraj is well connected by an excellent road network. Uttar Pradesh State Road Transport Corporation (UPSRTC) buses operate regularly to most major cities and towns across UP. Frequent bus services are available from Prayagraj to several important destinations, including Lucknow (200 km), Kanpur (200 Km), Varanasi (125 km), Delhi (650 Km), Kolkata (800 Km) and other cities.

FOR MORE DETAILS CONTACT

Accommodation and local transport:

Dr. Monisha Singh and Dr. Ena Gupta (Mb: 9454196099, 8840911685)

Registration: Dr. Priyanka Kesarwani and Dr. Neema Papnai (Mb: 8765216211, 9887014295)

Treasurer: Dr. Ritu K. Sureka and Dr. Priya Keshari

Hospitality: Prof. Anjali Mathur and Dr. Monisha Singh (Mb: 9415317660, 9454196099)

Co-Convenor: Prof. Neeta Mishra (Mb: 9415347999)

Convenor: Prof. Anjali Mathur (Mb: 9415317660)